



Bulletin Date:	Friday, June 15, 2018
Bulleting Number:	6
Originator:	Executive Director: Physical Plant
Reference:	Incident Prevention

**Body Positioning and Lifting Techniques**

***Employee hurt lower back while emptying compost from truck into roll off container.***

Root Cause: Body positioning and selection/availability of the best/most appropriate tool for the job.

Safety Moment: Pay attention to proper body positioning and lifting techniques during work progress. If proper position cannot be maintained with the current tool, select a different one. Supervisors must ensure employees are educated to proper technique and tools are available for the job.

***In preparation of floor care operations, Employee was attempting to move a five-gallon container which was believed to be empty only to find it was completely full.***

Root Cause: The hazard review did not include determining if the load was within the employee’s ability to lift or move.

Safety Moment: During a hazard review, make certain the weight of an object to be lifted is within limits of employees ability, if necessary reduce, redistribute the load, or request assistance with the lift.

**Balance, Traction and Grip**

***The employee was taking out the trash, after throwing trash in the dumpster, stepped back and tripped over a curb. The employee fell, landing on right side of body and struck head on the concrete.***

Root Cause: Curb was “abandoned in place;” not serving any useful purpose other than creating a trip hazard if the path of travel is not carefully considered.

Safety Moment: Common everyday elements can cause a hazard in the workplace. Be observant, conduct your hazard review and address the known hazards. Don’t miss one, just because it “has always been there.”